

Memory Techniques

How good is your
memory?

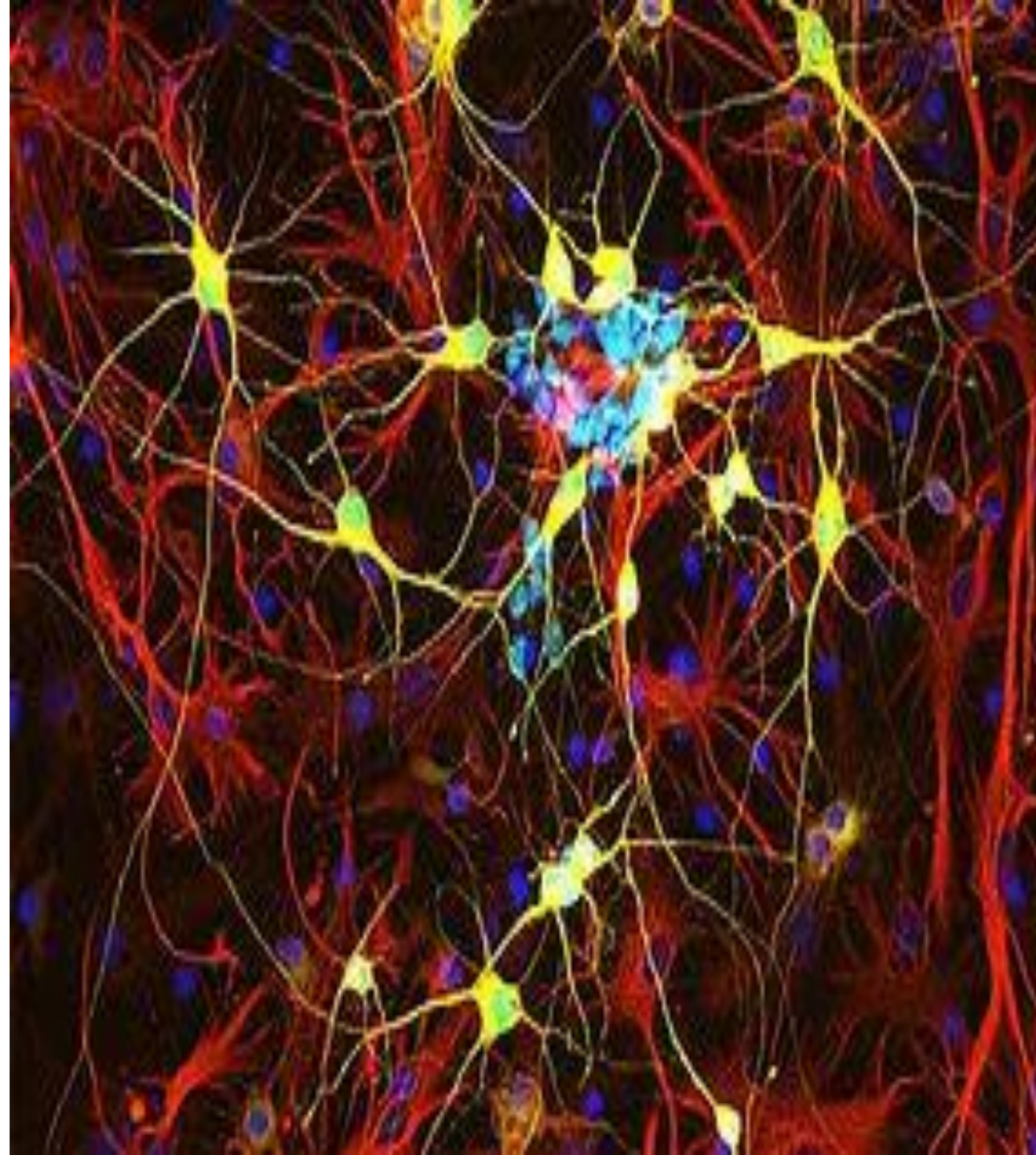
What are memory skills ?



How does your
memory work?

Short term

Long term



How good is your
memory?



List 1

Pineapple

Skirt

Autumn

Cousin

Pear

Brother

Summer

Jumper

Winter

Trousers

Winter

Orange

Mother

Peach

List 2

Apple

Orange

Banana

October

November

December

Father

Mother

Aunt

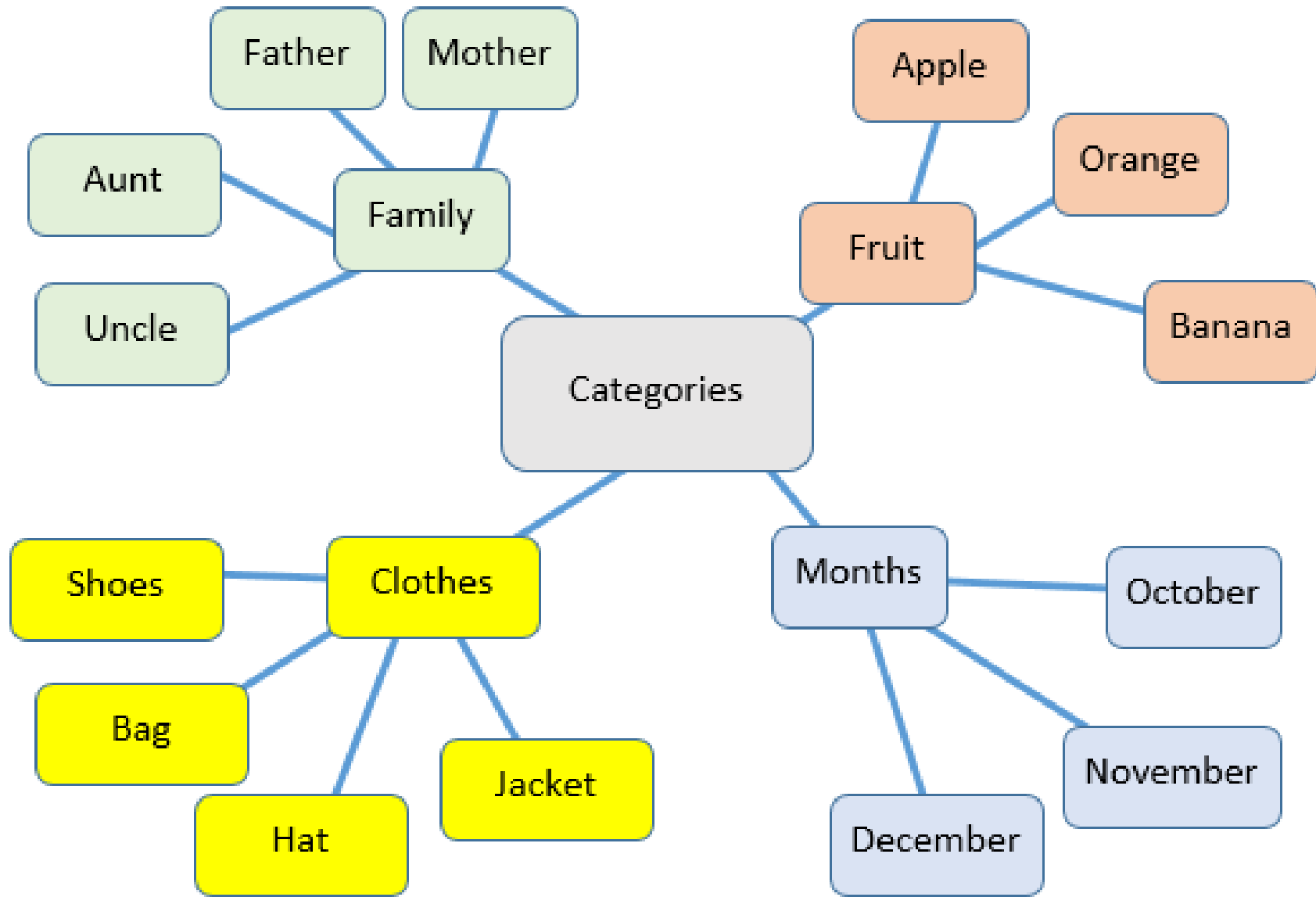
Uncle

Jacket

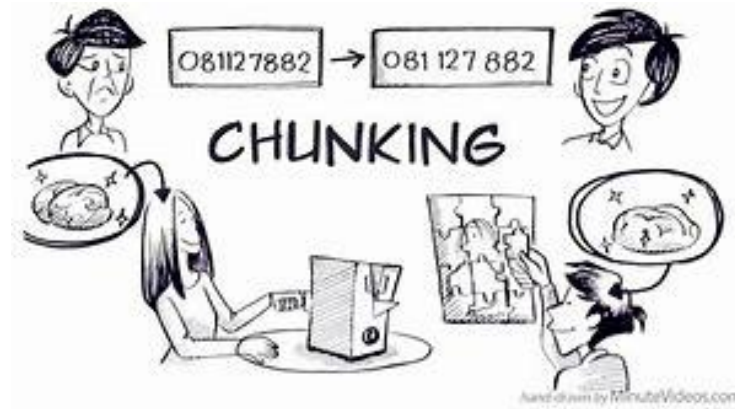
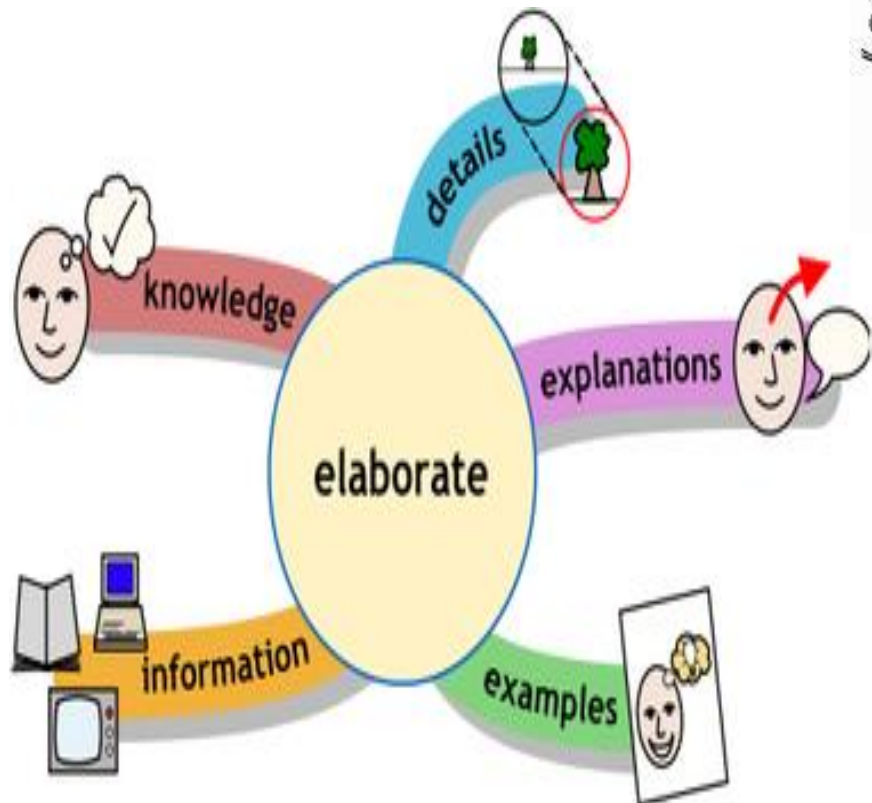
Bag

Shoes

Hat



How can you improve your memory?



Rehearsal



How can you improve your revision?

Organise

Get all of your subject notes ready

Remove distractions

Make a study timetable

Take breaks

Be positive!
There is no such thing as 'I can't'

Rehearse

Read your notes

Write out your notes

Speak your notes

Make mind maps

Colour code your notes

Make a key word glossary

Practice

Study with friends

Make flash cards

Quiz each other

Kahoots

Use past papers effectively

[Study stack](#)

Remember.....we
all learn differently!



Any questions?





Success.....now you know how to improve
your memory