

### Information for Parents

The UK and Scottish Health Authorities are monitoring the outbreak of the Coronavirus (Covid-19) across the country. Local authorities are following the guidance that has been issued by Public Health Scotland which has also been issued to all schools.

At present the advice is that schools should remain open as normal. If you or your child do not display any symptoms the NHS advice is that you do not need to take any additional precautions.

If you do display symptoms e.g. high temperature and/or a new, continuous cough the advice is that you stay at home for 7 days to protect others in the community while you may be infectious. If your child or other members of your family are not displaying any symptoms then you do not need to take any specific actions. In this case your child should attend their school as normal.

Schools have been asked to continue to follow the guidance provided by the NHS and if they have any specific questions to contact the central education office.

If you would like further information, the NHS Inform web site provides comprehensive advice that parents can access and is available at [www.nhsinform.scot/coronavirus](http://www.nhsinform.scot/coronavirus).

In the meantime parents should follow the basic preventative guidance below which will help counter the spread of the Coronavirus.



Please continue following the advice in relation to hygiene.

- wash your hands with soap and water often – do this for at least 20 seconds
- always wash your hands when you get home or into work
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- try to avoid close contact with people who are unwell