



Languages		Mathematics	Science	Social Subjects	Technologies	Health and Wellbeing	Free Choice
English	French/Spanish			Geography History/Modern Studies	Business Education Computing Design & Technology	Art & Design Home Economics Music Physical Education PSE/RME	Sessions to spend additional time doing something that you enjoy!
							This could include artwork, cooking, coding, digital literacy, sports, science experiments, learning a new language or skill and being creative.
4 sessions per week	1 session per week	4 sessions per week	2 sessions per week	2 sessions per week	3 sessions per week	5 sessions per week	
Extension work							
A range of subjects, topics and activities that are available through MS Teams or recommended websites							

Sample Timetable – each session equates to around 30-40mins

Day	Session 1	Session 2	Session 3	Session 4	Session 5
Monday	Health and Wellbeing	Mathematics	Technologies	English	Free Choice
Tuesday	Health and Wellbeing	Free Choice	Science	Technologies	French/Spanish
Wednesday	Health and Wellbeing	Social Subjects	English	Free Choice	Science
Thursday	Health and Wellbeing	Mathematics	Free Choice	Technologies	English
Friday	Health and Wellbeing	English	Mathematics	Social Subjects	Free Choice