

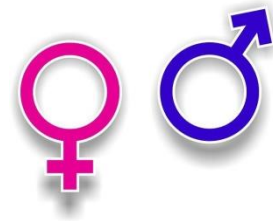
School Nurse Drop in

School nurses Wendy and Ann are available every Monday at lunchtime in the medical room, to provide **confidential** advice and support on a variety of issues.



Do you want help or advice regarding smoking, alcohol or drugs?

Thinking of becoming sexually active? Advice regarding contraception and C-card sign up (condom card sign up).



Concerned you may be pregnant? Support and pregnancy testing is available.

Worried you may have a sexually transmitted disease? Support and testing for Chlamydia and Gonorrhoea available.



Emotional difficulties?

Finding it difficult to cope with exam stress

Friendship difficulties

Difficulty in coming to terms with loss, death of someone close, family separation

Feeling low

Self harming

Support and advice offered

Advice on healthy lifestyle choices

