

Support and Advice

Financial Support and Free School Meals

South Ayrshire has a dedicated 'Information and Advice' team who are fully trained to support you with welfare rights and issues related to money and debt. The team are here to help and to ensure you receive all of the support you need, tailored to your individual circumstances. Please click on the following web-link for more information: <https://beta.south-ayrshire.gov.uk/Information-and-advice-hub> or telephone 0300 123 0900.

Families can apply for free school meals and clothing grants online by visiting South Ayrshire's web-page: <https://beta.south-ayrshire.gov.uk/free-school-meals>

Alternatively, if you would prefer to speak to an advisor, or don't have online access, please telephone: 0300 123 0900.

South Ayrshire Covid-19 Response Team

South Ayrshire's Covid-19 Response Team is here to help with access to food and prescriptions, and any other support or assistance you need, if you do not have family or friends who can help. Financial support may also be available, including the self-isolation support grant. The Covid-19 Response Team may be contacted on 01292 616101, or via email: C19.CommunitySupport@south-ayrshire.gov.uk

Looking After Yourself and Your Family: Wellbeing Advice

It's important that we all look after our physical and emotional wellbeing at this time. Parent Club offers up-to-date guidance from the Scottish Government and provides advice, hints and tips for looking after your wellbeing and the wellbeing of your children. Please click on the following link for more information: <https://www.parentclub.scot/topics/coronavirus/looking-after-yourself-and-your-family?page=6>