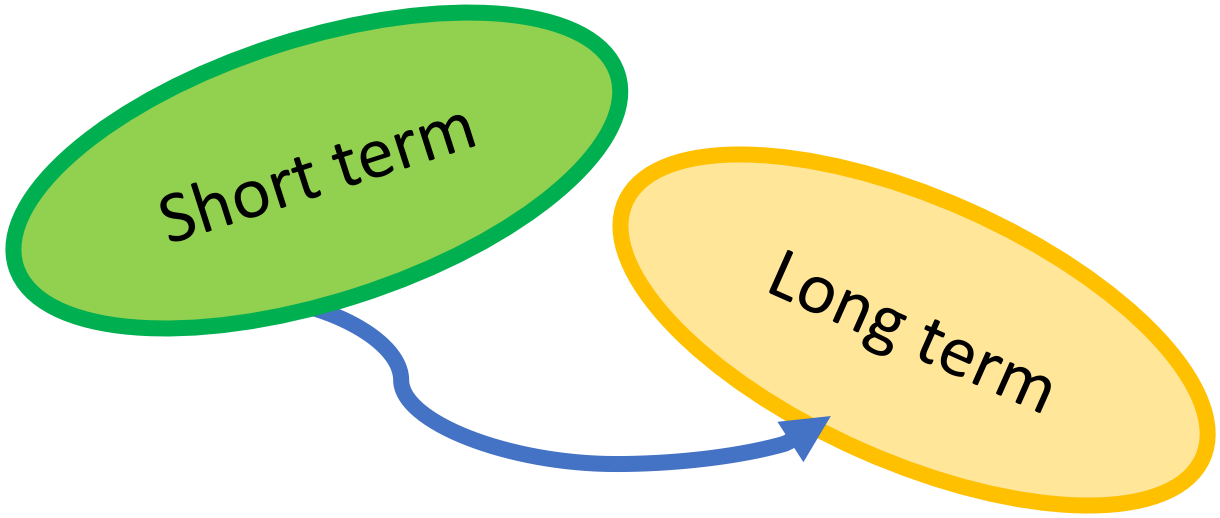
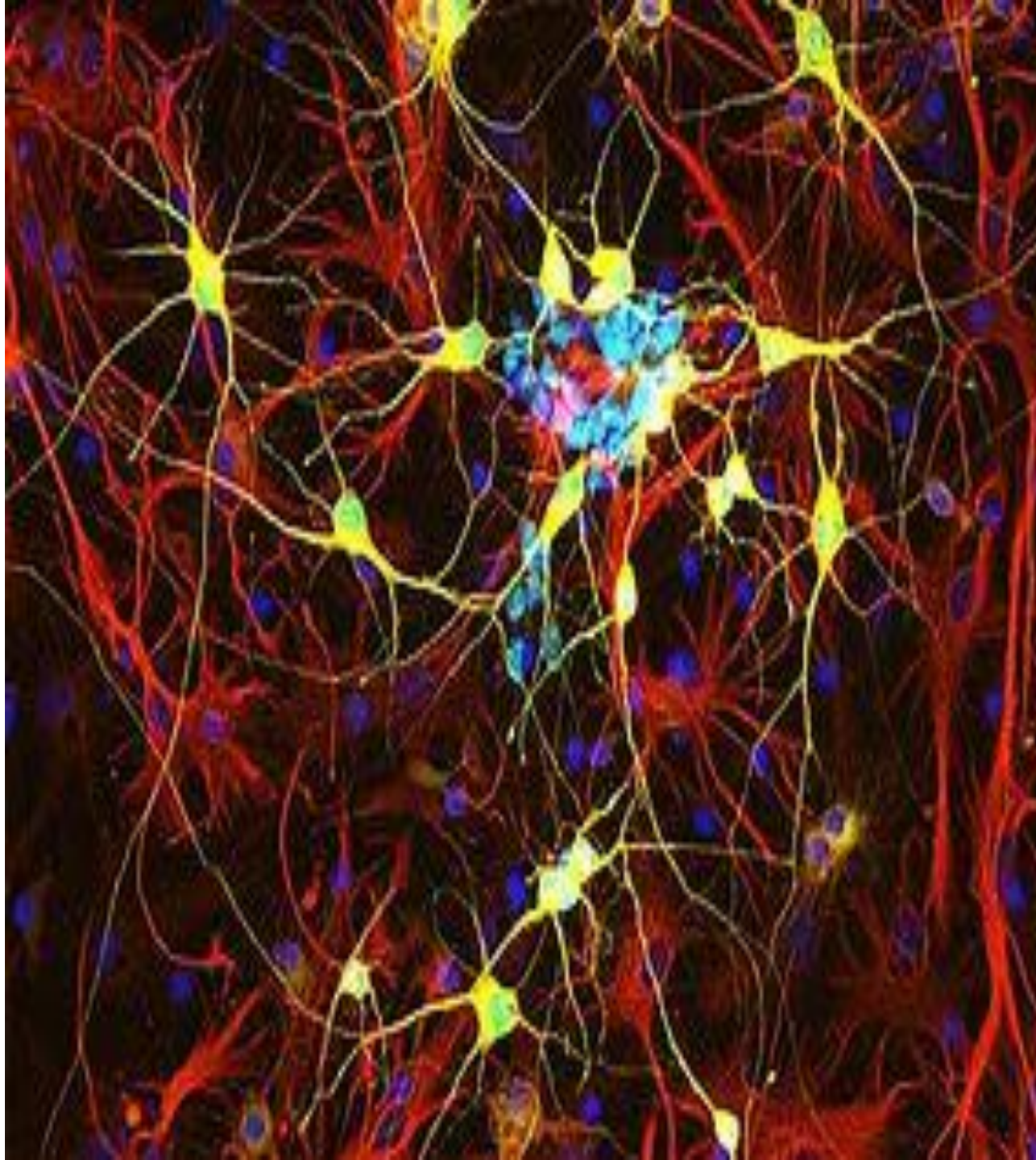
Memory Techniques

How good is your memory?

What are memory skills ?

How does your memory work?





How good is your memory?

List 1

Pineapple

Skirt

Autumn

Cousin

Pear

Brother

Summer

Jumper

Winter

Trousers

Winter

Orange

Mother

Peach

List 2

Apple

Orange

Banana

October

November

December

Father

Mother

Aunt

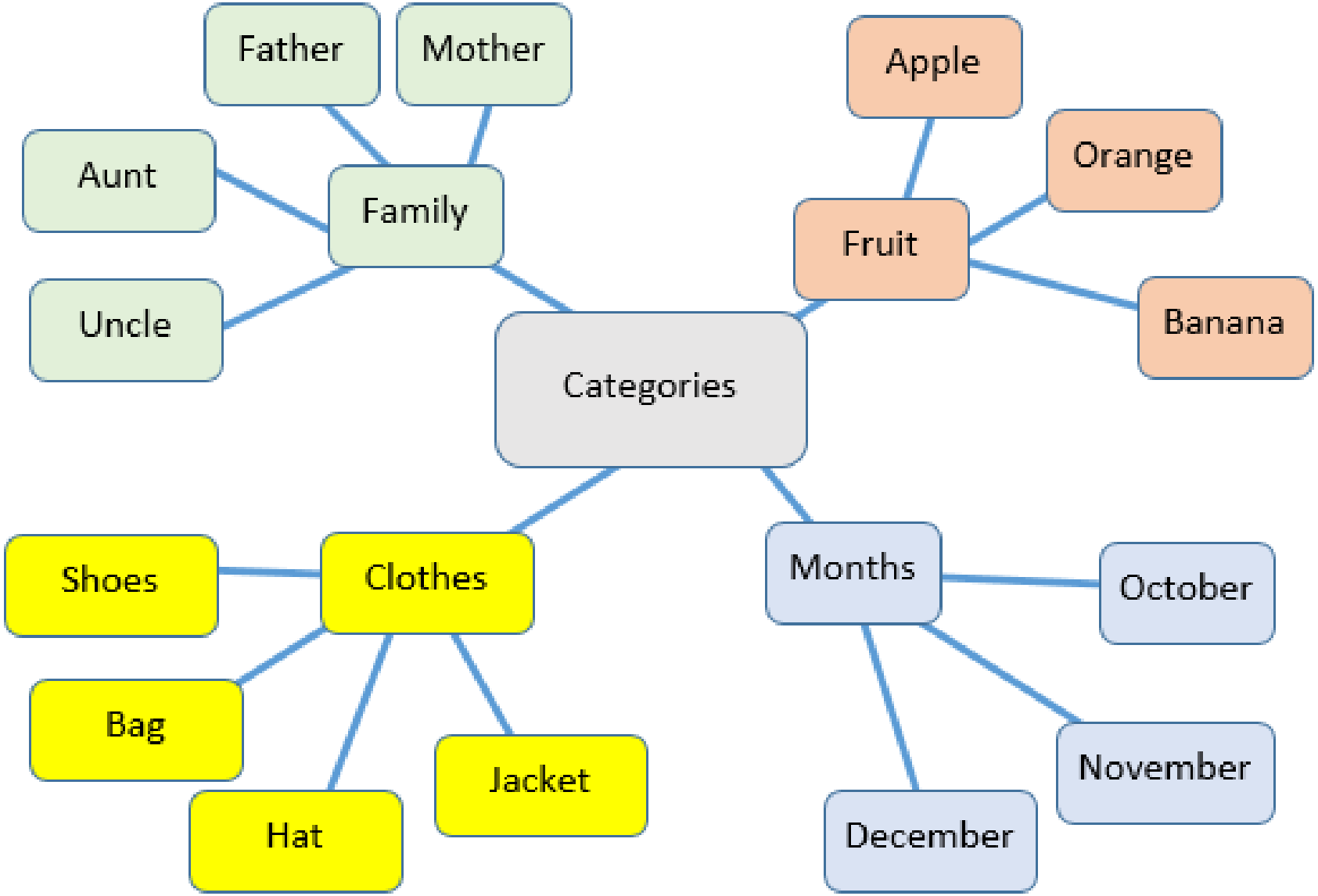
Uncle

Jacket

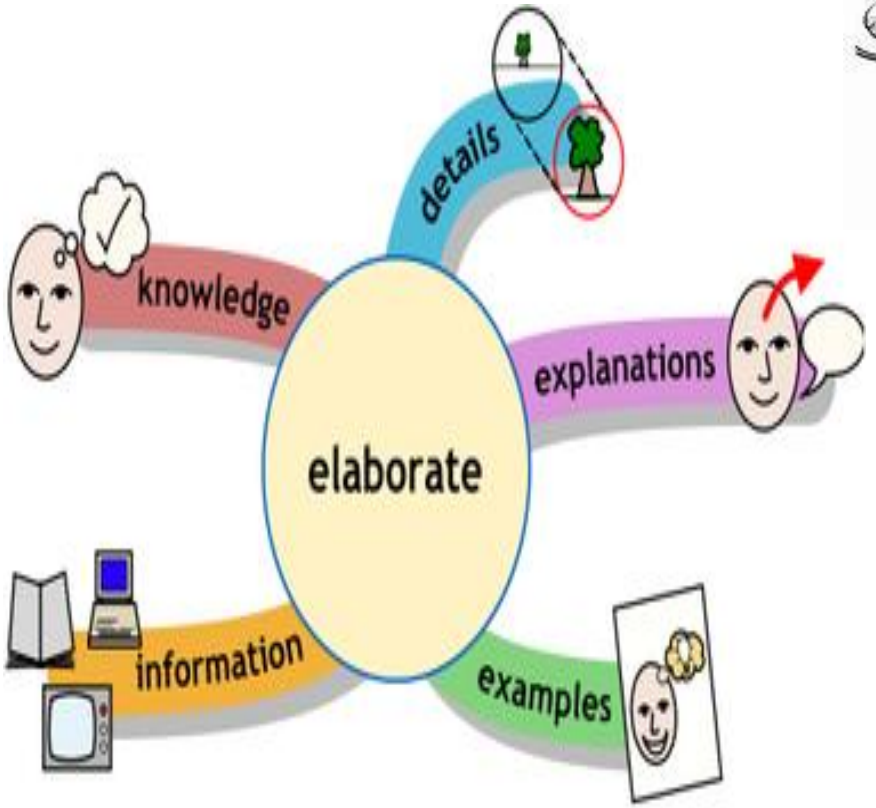
Bag

Shoes

Hat


Father
Mother
Aunt
Family
Uncle
Apple
Orange
Fruit
Banana
Categories
Shoes
Clothes
Bag
Hat
Jacket
Months
October
November
December

How can you improve your memory?



How can you improve your revision?

Organise

- Get all of your subject notes ready
- Remove distractions
- Make a study timetable
- Take breaks
- Be positive!
  There is no such thing as 'I can't'

Rehearse

- Read your notes
- Write out your notes
- Speak your notes
- Make mind maps
- Colour code your notes
- Make a key word glossary

Practice

- Study with friends
- Make flash cards
- Quiz each other
- Kahoots
- Use past papers effectively
- Study stack

Remember…….we all learn differently!

Success.....now you know how to improve your memory